Block Aly	sa
Form 4	

Revision No.: 2023-01-05

Client 1	Reference	Num	ber:
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FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL	
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esponse:	0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Block Alysa (Last) (First) (Middle)	Issuer ONE LIBERTY PROPERTIES INC Tansaction (Month 01/05/2023)	/Day/Year)	5. Relationship of Reporting Perso (Check all a Director Officer (give title below)			
60 CUTTER MILL ROAD SUITE 303	01/00/2020		Treasurer			
(Street) GREAT NECK, NY 11021 (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing • Form filed by One Reporting P • Form filed by More than One F	erson		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

(Instr. 3) Date (Mo	2. Transaction Date (Month/ Day/ Year) 2A. Deemed Execution Date, if any (Month/ Day/ Year)	Execution Date, if	(Instr. 8)		4. Securities Acquire (Instr. 3, 4 and 5)	ed (A) or Disposed of	(D)	Securities	Form: Direct (D) or	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code	V	Amount	(A) or (D)		Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			
Common Stock	01/05/2023		Α		1,875 ⁽¹⁾	Α	\$ 0	23,664	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion or Exercise	Day/ Year)	Execution Date, if any	Code (Instr. 8) Derivative Securities		Code Derivative Securities		Expiration Date		le and Amount of rlying Securities . 3 and 4)	Derivative Security	Securities	Ownership Form of	Beneficial
	Price of Derivative Security		(Month/ Day/ Year)	Code	V	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		Amount or Number of Shares	(Instr. 5)	Owned Following Reported Transaction(s)	Direct (D) or Indirect	Ownership (Instr. 4)

Explanation of Responses:

1. These shares were issued as restricted stock on January 5, 2023 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the shares vest on or about January 4, 2028.

Remarks:

/s/ Alysa Block by David Kalish, her attorney in fact 01/05/2023

**Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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